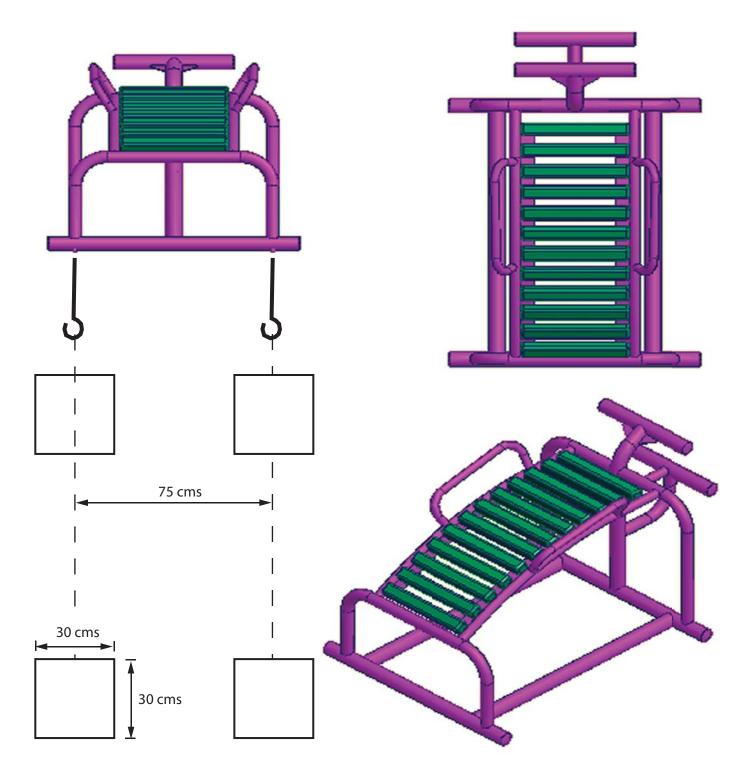
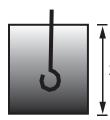
## **SIT-UP BOARD**

## **OUTDOOR FITNESS**

Installation Support (877) 517-2200 or (719) 488-3812 support@outdoor-fitness.com





35 cms Cross Section

## NOTE:

With the use of Anchor Bolts, the placement of the Sit-up board in concrete is a user option. It is recommended in public places, but not necessary in private secure situations.